



Discovering the Adult Baby in you - the joys, the struggles, the highs and the lows.

Can you believe it???

It has been five years this month since our very first book – [“There’s a baby in my bed!”](#) was published and has now been read by thousands of people since, including therapists and counsellors. Now in its second edition with 100 new pages, this book continues to be one of the biggest-selling non-fiction ABDL books ever. So, if you haven’t read it yet, now is the time!



So, doesn't a birthday mean presents???? Of course, it does! We are babies after all! So how about a three-book collection just for subscribers to our mailing list?

[There's still a baby in my bed!](#)

[Adult Babies: Psychology and Practices](#)

[So, your teenager is wearing diapers!](#)

These three best-selling books are normally \$26.85. For the rest of March, they can be bought from us for just \$10! They come in PDF format unless you want them in EPUB.

Buy Now

Three AB Discovery Books



Trying to put AB DL into the middle of a relationship is difficult and fraught with failures. As part of the step of knowing more about this issue, AB Discovery has a new survey for you to fill in:

[ABDL Relationships Survey](#)



- [There's STILL a baby in my bed!](#)
- [Adult Babies: Psychology and Practices \(second edition\)](#)
- [So, your teenager is wearing diapers...](#)
- [Diaper Discipline and Dominance](#)
- [Coffee with Rosie: why does my partner want to wear diapers?](#)
- [Being an Adult Baby: articles and essays on being an adult baby](#)



So, what is my identity as an ABDL?

Is my diaper attraction simply a fetish? Is it a bit of roleplay? Is it regression?

Or, is it a bit more than that? Are these things more than simply what I *do*, but something I *am*?

Rosalie and Michael recently wrote an article on [Sub-identities](#). This has led to extensive discussion by others as to what it means for many ABDLs. AS AB Discovery seeks to understand more about this, you are invited to write and let us know how you feel about you ABDL nature and how you think (or disagree) that it is part of who you are. Write to abdiscovery@adam.com.au.



Remember to tell all your friends about AB Discovery. Talk about us on forums, Facebook and other ABDL groups.

Or just email us at abdiscovery@adam.com.au

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