



Discovering the Adult Baby in you - the joys, the struggles, the highs and the lows.

AB Discovery is proud to welcome a new Author – UK mother and writer – Evelyn Hughes. Evelyn’s first book – *Diaper Discipline and Dominance* – is now available on our website as well as on Amazon in ebook and paperback formats.

Diaper Discipline
and
Dominance



...a journey into up-ending the traditional...

Evelyn Hughes

“This book is intended as a primer for those who wish to implement diaper discipline and dominance into their relationship. You don’t need experience or even to be wearing diapers yet. This is a guide for serious people about a serious journey into up-ending the way we traditionally operate our relationships by involving diapers and changing the way we look at adult behaviour and discipline.”

We have a new article available now for download:

[“The Naturally Infantile Baby”](#)

*Who likes to wear knitted or crocheted baby bonnets and booties? On cold nights in the crib or playtimes on the floor, they suit almost every adult baby. **Rosie’s Custom Bonnets and Booties** are now available, so check out the complete range [here](#).*



We have been asked many times when our latest books will be out in paperback and now they are – all of them!

[There's STILL a baby in my bed!](#)
[Adult Babies: Psychology and Practices \(second edition\)](#)
[So, your teenager is wearing diapers...](#)
[Diaper Discipline and Dominance](#)

COMING UP: A book from yet another new AB author will be available soon on Bedwetting.

Also, don't forget the video [Discovery Series](#) to help you understand more about yourself:

- ❖ [Introduction to AB Discovery](#)
- ❖ [The Three-sided Nature of Diaper Attraction](#)
- ❖ [Infantile Regression: Nature's Time Travel](#)

AB Discovery will soon be able to offer one-on-one or couples mentoring, counselling and training to help overcome the problems and dilemmas of AB life. If you wish to know more or to be advised when it is available, please email us on the special confidential address abmentoring@adam.com.au



Remember to tell all your friends about AB Discovery. Talk about us on forums, Facebook and other ABDL groups.

Or just email us at abdiscovery@adam.com.au

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